



MADE TO SIP

Beverages



Our International House Roast™ is 100% Arabica and a smooth, medium-body Breakfast Blend.



BOTTOMLESS BEVERAGES:

Never Empty Coffee Pot*
Regular or Decaf
2.49 per person (5 Calories per cup)

Iced Coffee 2.89
Mocha (210 Calories)
Vanilla (220 Calories)
Original (180 Calories)

IHOP Splashers* 2.99

Sparkling, fruity & refreshingly delicious.

Splashberry (150 Calories)
A blend of glazed strawberries, lemon-lime soda & premium orange juice.

Tropical Island Twist (190 Calories)
A blend of lemonade, lemon-lime soda & tropical mango syrup.

Freshly Brewed Iced Tea
2.39 (10 Calories)

Lemonade
2.49 (140 Calories)

Hot Tea
2.49 (0 Calories)

Herbal Tea
2.49 (10 Calories)

Raspberry Iced Tea
2.49 (90 Calories)

Tropicana® Fruit Punch
2.49 (130 Calories)

Soft Drinks 2.49



(120 Calories)



(0 Calories)



(120 Calories)



(130 Calories)

SINGLE-SERVE BEVERAGES:



Premium Pure-Squeezed Orange Juice
Regular 2.39 (110 Calories)
Large 2.99 (190 Calories)

Fruit Juices

Jugos de Fruta

Apple
Regular 2.39 (120 Calories)
Large 2.99 (210 Calories)

Cranberry
Regular 2.39 (120 Calories)
Large 2.99 (210 Calories)

Grapefruit
Regular 2.39 (100 Calories)
Large 2.99 (180 Calories)

Tomato
Regular 2.39 (50 Calories)
Large 2.99 (90 Calories)

International House Roast™ Flavored Coffee 2.79
French Vanilla (170 Calories)
Swiss Mocha (170 Calories)

Hot Chocolate
2.49 (140 Calories)

2% Milk
Regular 2.39 (120 Calories)
Large 2.79 (220 Calories)

Chocolate Milk
Regular 2.39 (180 Calories)
Large 2.79 (310 Calories)

Milk Shake
4.29 (470-480 Calories)

MADE TO INDULGE

Desserts



Fruit Crepe
One crepe filled with choice of cinnamon apple, blueberry compote or glazed strawberries. Topped with vanilla ice cream & more fruit topping.
3.99 (370-420 Calories)



Ice Cream Sundae
Two scoops of vanilla ice cream (310 Calories) with choice of chocolate sauce (adds 100 Calories) or glazed strawberries (adds 70 Calories).
4.29
Kids Jr. Sundae (1 scoop)
1.99 (240/200 Calories)

Not responsible for personal belongings.
State and local taxes will be added to the price of all items.
We reserve the right to refuse service to anyone.
2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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#IHOP

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ANYTIME MENU

FALL/WINTER



made fresh for you





MADE TO STACK

Pancakes

RED VELVET



SEASONAL FAVORITE
Red Velvet

Four red velvet pancakes topped with cream cheese icing & dusted with powdered sugar.

8.99 (690 Calories)



Original Buttermilk

Five of our world famous buttermilk pancakes.

6.99 (660 Calories)



Strawberry Banana

Four buttermilk pancakes filled with fresh banana slices. Topped with glazed strawberries & more banana slices.

8.99 (690 Calories)



Raspberry & Peach

Four buttermilk pancakes topped with sweet peaches & raspberry topping.

8.99 (630 Calories)



Chocolate Chocolate Chip

Four chocolate pancakes filled with chocolate chips & dusted with powdered sugar. Available in buttermilk version.

8.29 (640/630 Calories)

Cinn-A-Stack®

Four buttermilk pancakes layered with cinnamon roll filling & topped with cream cheese icing.

8.69 (830 Calories)

Substitute:

Egg whites (subtracts 20-90 Calories per egg) or egg substitute (subtracts 0-60 Calories per egg)

Turkey bacon (subtracts 10 Calories per piece) or turkey sausage links (subtracts 35 Calories per piece)

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Variations and substitutions will increase or decrease stated nutritional values. Nutritional information on this menu is accurate as of the date of printing. Sometimes, recipes and ingredients may change before a new menu is printed. Additional nutrition information available upon request.

FRESH
MADE TO ORDER
WORLD FAMOUS
AUTHENTIC
BUTTERMILK



New York Cheesecake
Four buttermilk pancakes filled with cheesecake bites. Topped with glazed strawberries.
8.99 (1030 Calories)



Double Blueberry
Four buttermilk pancakes filled with blueberries & topped with blueberry compote.
8.99 (620 Calories)



Raspberry White Chocolate Chip
Four buttermilk pancakes filled with white chocolate chips. Topped with raspberry topping & cream cheese icing.
8.99 (830 Calories)



Harvest Grain 'N Nut*
Four nutty pancakes filled with a blend of wholesome oats, almonds & walnuts.
8.69 (860 Calories)
Available with cinnamon apple compote (adds 30 Calories) or blueberry compote (adds 60 Calories).
8.99



Rooty Tooty Fresh 'N Fruity* Pancakes
Four buttermilk pancakes (520 Calories). Topped with choice of peaches (adds 60 Calories), cinnamon apple compote (adds 45 Calories) or glazed strawberries (adds 70 Calories).
8.69

CREATE YOUR
**BEST
COMBO**



2 eggs* + hash browns + 2 bacon strips + or sausage links

2 PANCAKES

Choice of any 2 same-flavored pancakes.
9.29 (780-1260 Calories)

*NOTICE: ITEMS MARKED WITH AN * MAY BE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

IHOP cannot ensure items do not contain ingredients that might cause an allergic reaction or impact other dietary restrictions. Allergen information is available upon request.

You don't have pancakes
in your name unless
they're **WORLD FAMOUS.**



Double
Blueberry

MADE TO ADD

sides

Hash Browns
2.89 (280 Calories)

Seasonal Fruit *small bowl*
2.99 (60 Calories)

Buttered Toast
1.99 (260-330 Calories)

English Muffin
1.99 (180 Calories)

Grits
2.69 (80 Calories)

Scrapple
2.99 (220 Calories)

NEW! Hickory-Smoked
Bacon Strips
(4) 2.99 (170 Calories)

Turkey Bacon Strips
(4) 2.99 (130 Calories)

Pork Sausage Links
(4) 2.99 (320 Calories)

Slice of Ham
2.99 (120 Calories)

WHO KNEW

BACON COULD GET ANY BETTER?

Cured especially for IHOP, our new signature hickory-smoked bacon goes great with everything on our menu.

MADE TO TOP

griddle faves

FRENCH TOAST:



Our Original French Toast

Six triangles dusted with powdered sugar.
7.29 (700 Calories)



Stuffed French Toast

Two cinnamon-raisin triangles with sweet cream filling (880 Calories). Topped with choice of strawberry vanilla (adds 190 Calories), peach vanilla (adds 180 Calories) or glazed strawberries (adds 130 Calories).
8.79



Strawberry Banana French Toast

Our original French toast topped with glazed strawberries & fresh banana slices.
8.59 (860 Calories)



Cinnamon Swirl Brioche French Toast

Three slices topped with cinnamon roll filling & cream cheese icing.
8.79 (900 Calories)



Bananas Foster Brioche French Toast

Three slices topped with fresh bananas caramelized in a classic buttery, brown sugar New Orleans Foster's sauce.
8.79 (970 Calories)

WAFFLES:



Belgian Waffle

Our traditional golden-brown Belgian waffle.
7.29 (500 Calories)



Bananas & Cream Waffle

Our traditional golden-brown Belgian waffle topped with caramel cream, sliced bananas, honey-roasted pecans & powdered sugar.
8.29 (770 Calories)



Berries & Cream Waffle

Our traditional golden-brown Belgian waffle topped with caramel cream, blueberries, glazed strawberries & powdered sugar.
8.29 (790 Calories)



Chicken & Waffles

Four all-white meat crispy chicken strips & our Belgian waffle. Served with honey mustard dipping sauce.
9.99 (1130 Calories)

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**BANANA
CREPES WITH
NUTELLA®**

CREPES:



Banana Crepes with Nutella®
Four delicate crepes topped with Nutella® The Original Hazelnut Spread® & freshly sliced bananas.
7.99 (900 Calories)



Sweet Cream Cheese Crepes
Two crepes with sweet cream cheese filling (650 Calories). Topped with choice of raspberry topping (adds 110 Calories) or peach topping (adds 120 Calories).
7.99



Swedish Crepes
Four delicate crepes topped with sweet-tart lingonberries & lingonberry butter.
7.69 (610 Calories)



Strawberries & Cream Crepes
Four delicate crepes topped with glazed strawberries & vanilla cream drizzle.
7.99 (750 Calories)



Chicken Florentine Crepes
Two crepes filled with grilled chicken breast, fresh spinach, mushrooms, onions & Swiss. Topped with hollandaise.
9.99 (770 Calories)



Classic Breakfast Crepes
Two crepes stuffed with scrambled eggs, bacon, ham & White Cheddar. Topped with a creamy White Cheddar sauce.
9.29 (1050 Calories)



DRIZZLE
ON THE
SWEETNESS

**Strawberry Banana
French Toast**

CREATE YOUR
**BEST
COMBO**



2 eggs* + hash browns + 2 bacon strips or sausage links +

FRENCH TOAST 8.99

Original 4 triangles (980-1180 Calories)
Stuffed Flavors 1 triangle (1000-1240 Calories)
Strawberry Banana 4 triangles (1050-1260 Calories)
Brioche Flavors 2 slices (1080-1300 Calories)

or

SWEET CREPES 8.99

Banana with Nutella 2 crepes (960-1170 Calories)
Sweet Cream Cheese 1 crepe (890-1100 Calories)
Swedish 2 crepes (840-1050 Calories)
Strawberries & Cream 2 crepes (880-1090 Calories)



2 eggs* + 2 bacon strips or sausage links +

BELGIAN WAFFLE

8.79 (710-910 Calories)

or

**CREAM-TOPPED
WAFFLE**

8.99 (990-1210 Calories)

MADE TO BUILD

combos



BREAKFAST SAMPLER



Breakfast Sampler*

Two eggs, 2 bacon strips, 2 pork sausage links, 2 pieces of ham, hash browns & 2 buttermilk pancakes.
10.49 (1010-1140 Calories)



Country Fried Steak & Eggs*

A golden battered beef steak smothered in country gravy. Served with 2 eggs, hash browns & 2 buttermilk pancakes.
11.59 (1530-1670 Calories)



Smokehouse Combo*

Two jumbo smoked pork sausage links served with 2 eggs, hash browns & 2 buttermilk pancakes.
9.99 (1120-1250 Calories)



2 x 2 x 2*

Two eggs, 2 bacon strips or 2 pork sausage links & 2 buttermilk pancakes.
7.69 (500-710 Calories)



Quick 2-Egg Breakfast*

Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast.
8.49 (750-1040 Calories)



Simple & Fit 2-Egg Breakfast

Scrambled egg whites served with 2 slices of turkey bacon, seasonal mixed fruit & dry whole wheat toast.
8.49 (400 Calories)



Sirloin Tips & Eggs*

Sirloin tips with grilled onions & mushrooms. Served with 2 eggs, hash browns & 2 buttermilk pancakes.
12.89 (1150-1280 Calories)



Split Decision Breakfast*

Two eggs, 2 bacon strips, 2 pork sausage links, 2 triangles of French toast & 2 buttermilk pancakes.
8.69 (920-1050 Calories)



T-Bone Steak & Eggs*

12 oz. T-Bone steak grilled & served with 3 eggs & 3 buttermilk pancakes.
14.99 (980-1180 Calories)



Bacon & Eggs Breakfast*

Three eggs, 4 bacon strips & 3 buttermilk pancakes.
9.29 (770-970 Calories)

Substitute other meat options:

- 4 Pork Sausage Links
9.29 (adds 150 Calories)
- 4 Turkey Bacon Strips
9.29 (subtracts 35 Calories)
- Corned Beef Hash
9.29 (adds 130 Calories)
- Scrapple
9.29 (adds 60 Calories)
- Available without meat
7.79 (subtracts 170 Calories)

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Key:



Spicy



Simple & Fit
Under 600 Calories

MADE TO ORDER

COLORADO
OMELETTE



omelettes

Omelettes include⁺ your choice of one side:

**Excludes Simple & Fit selection, which is served as described.*

3 Buttermilk Pancakes (410 Calories)

Hash Browns (280 Calories)

Toast (260-330 Calories)

Seasonal Mixed Fruit (60 Calories)

3 Flavored Pancakes** add 1.49 (440-790 Calories)

***For flavors see pancakes page.*

► **ADD AVOCADO** to any omelette for an additional 1.29 (70 Calories)



Chicken Fajita Omelette

Grilled chicken breast with roasted Poblano & red bell peppers, roasted onions, Jack & Cheddar & our salsa topped with sour cream. Served with a fresh grilled Serrano pepper.

11.69 (1050 Calories)



Colorado Omelette

Bacon, shredded beef, pork sausage & ham with green peppers, onions & Cheddar. Served with our salsa.

11.69 (1230 Calories)



Country Omelette

Ham, hash browns, onions & Cheddar. Topped with sour cream.

10.89 (1180 Calories)



Big Steak Omelette

Steak, hash browns, green peppers, onions, mushrooms, tomatoes & Cheddar. Served with our salsa.

11.69 (1260 Calories)



Spinach & Mushroom Omelette

Fresh spinach, mushrooms, onions & Swiss. Topped with hollandaise & tomatoes.

10.89 (980 Calories)



Hearty Ham & Cheese Omelette

Stuffed with ham, Jack & Cheddar & a White Cheddar sauce.

10.89 (1040 Calories)



Bacon Temptation Omelette

Chopped bacon with Jack & Cheddar & a White Cheddar sauce. Topped with tomatoes.

10.59 (1170 Calories)



Simple & Fit Vegetable Omelette

Egg whites with fresh spinach, mushrooms, onions & Swiss topped with tomatoes. Served with seasonal mixed fruit.

10.29 (310 Calories)



Garden Omelette

A fresh mix of broccoli, mushrooms & tomatoes with Cheddar.

9.99 (930 Calories)

Avocado, Bacon & Cheese Omelette

Fresh avocado, bacon & Cheddar.

10.79 (960 Calories)

CREATE YOUR PERFECT OMELETTE

An omelette with choice of cheese: Cheddar, White Cheddar, American, Jack & Cheddar blend, Swiss or Pepper Jack.
8.49 (680-760 Calories)

Additional ingredients .99 each (Except avocado)

- Bacon (adds 130 Calories)
- Pork Sausage (adds 160 Calories)
- Ham (adds 30 Calories)
- Extra Cheese (adds 150-230 Calories)
- Fresh Mushrooms (adds 10 Calories)
- Fresh Tomatoes (adds 10 Calories)
- Fresh Spinach (adds 15 Calories)
- Fresh Green Peppers & Onions (adds 10 Calories)
- Fresh Avocado 1.29 (adds 70 Calories)

All omelettes are made with a splash of our famous buttermilk & wheat pancake batter for extra fluffiness!

MADE TO CRACK

egg specialties



Turkey & Avocado Bennie
Two slices of grilled Brioche bread topped with roasted turkey, scrambled eggs, tomato, White Cheddar sauce & avocado.
8.99 (830 Calories)



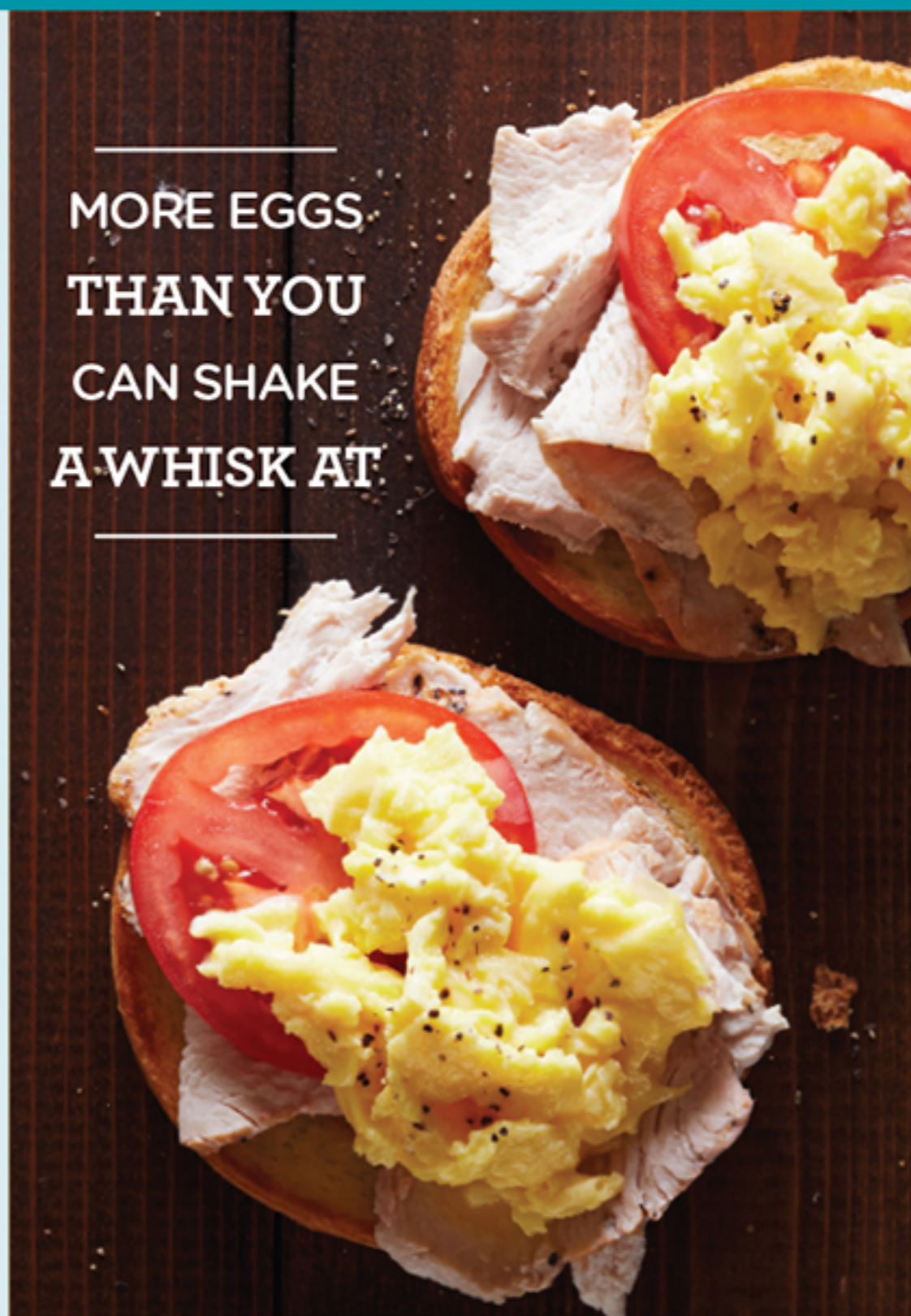
Tuscan Scramble
Scrambled eggs with roasted red peppers, Parmesan, diced tomatoes, fresh spinach & sweet basil. Served with smashed red potatoes & onions or hash browns, and side choice of a tortilla, toast or 2 buttermilk pancakes.
9.29 (1010-1170 Calories)



Californian Scramble
Scrambled eggs with Jack & Cheddar, topped with our salsa & avocado. Served with smashed red potatoes & onions or hash browns, and side choice of a tortilla, toast or 2 buttermilk pancakes.
9.29 (1240-1400 Calories)

Eggs Benedict*
Canadian-style bacon on an English muffin, topped with 2 poached eggs & hollandaise. Served with hash browns.
10.49 (900 Calories)

MORE EGGS
THAN YOU
CAN SHAKE
A WHISK AT



EGGS 101:

Get your eggs exactly like you like them.

SCRAMBLED: Whites and yolks mixed together and fried.

OVER EASY: Soft whites with a runny yolk.

OVER MEDIUM: Firm whites with a runny yolk.

OVER WELL: Firm whites with a firm yolk.

salads

MADE FRESH



Citrus Chicken Pecan Salad
Grilled chicken, orange segments & candied pecans on mixed greens. Tossed in our orange vinaigrette.
8.99 (670 Calories)



Crispy Chicken Cobb Salad
Crispy chicken, bacon, hard-boiled egg, tomatoes & crumbled Blue cheese on mixed greens tossed with buttermilk ranch. Available with grilled chicken.
8.99 (1230/1100 Calories)
Add avocado.
1.29 (70 Calories)



House Salad
Tomato & red onions on mixed greens with choice of dressing.
3.49 (40-320 Calories)

Grilled Chicken Caesar Salad
Grilled chicken on romaine with croutons & Parmesan, tossed in Caesar dressing.
8.99 (810 Calories)

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MADE TO HOLD

sandwiches

Blue Cheese & Bacon Burger



All sandwiches & burgers are served with choice of one side:

- Seasoned Fries (320 Calories)
- Seasonal Mixed Fruit (60 Calories)
- Onion Rings (500 Calories)
- Hash Browns (280 Calories)
- Plus add:
- Soup 1.69 (150-400 Calories)
- Side Salad 1.69 (40-380 Calories)

▶ ADD AVOCADO

to any sandwich or burger for an additional 1.29 (70 Calories)

OUR DELICIOUS BURGER BAR



Double BLT
 Double-decker with 6 strips of bacon, lettuce, tomato & mayonnaise on white toast.
 8.29 (660 Calories)



Southwestern Club
 Carved roasted turkey with bacon, White Cheddar, lettuce, tomato & salsa ranch on artisan sourdough bread.
 9.29 (850 Calories)



Philly Cheese Steak Stacker
 Grilled steak & onions topped with melted American on a grilled roll.
 10.29 (830 Calories)



Spicy Chicken Ranch Sandwich
 Crispy chicken breast tossed in our citrus chili sauce. With melted Pepper Jack, a mix of roasted onions, Poblano & red bell peppers, buttermilk ranch & lettuce on a grilled bun.
 8.99 (850 Calories)



Ham & Egg Melt
 Scrambled eggs topped with ham, Swiss & American on grilled artisan sourdough.
 8.79 (1270 Calories)



Spinach, Roasted Red Pepper & Cheese Melt
 Scrambled eggs with fresh spinach & onions. Topped with roasted red peppers, Parmesan, White Cheddar & Pepper Jack on grilled artisan sourdough bread.
 8.79 (1430 Calories)



Blue Cheese & Bacon Burger
 Our 100% beef burger topped with Blue cheese crumbles, bacon, lettuce & mayonnaise on a grilled bun.
 8.69 (1000 Calories)



Bacon Cheeseburger
 Our 100% beef burger topped with American, bacon, lettuce, tomato & red onion on a grilled bun.
 8.69 (880 Calories)



Cheeseburger
 Our 100% beef burger topped with American, lettuce, tomato & red onion on a grilled bun.
 8.29 (800 Calories)
 Available without cheese.
 7.89 (subtracts 70 Calories)



Mega Monster Cheeseburger
 Two 100% beef patties smothered in American & White Cheddar with lettuce, tomato & red onion on a grilled bun.
 9.79 (1260 Calories)

Patty Melt
 Our 100% beef burger topped with grilled onions & American on grilled rye bread.
 8.49 (970 Calories)



soups

Ask your server for today's selection from the list below. Number and selection of soups vary by location.

- TODAY'S SOUP:** 3.49
- Roasted Chicken Noodle (170 Calories)
 - Minestrone (150 Calories)
 - Loaded Potato with Bacon (400 Calories)
 - Rustic Cheesy Tomato (290 Calories)

MADE TO TASTE

apps



APPETIZER SAMPLER



Monster Mozza Sticks
Five thick Mozzarella cheese sticks served with marinara dipping sauce.
6.99 (770 Calories)



Appetizer Sampler
Monster Mozza Sticks, Onion Rings & Crispy Chicken Strips served with honey mustard & marinara dipping sauces.
8.99 (1610 Calories)



Crispy Chicken Strips & Fries
Five all-white meat crispy chicken strips. Served with honey mustard dipping sauce & seasoned fries.
8.99 (1050 Calories)



Chicken & Three-Cheese Quesadilla
Grilled chicken breast with roasted red pepper & spinach, melted Pepper Jack, Monterey & Cheddar in a grilled flour tortilla. Served with our salsa, sour cream & a fresh grilled Serrano pepper.
8.99 (980 Calories)

Wings
Our hot & spicy chicken wings with choice of buttermilk ranch or blue cheese dipping sauce.
8.99 (1240/1260 Calories)

entrées

MADE TO ENJOY

All entrées are served with choice of one:

Soup (150-400 Calories)

Side Salad (40-380 Calories)



NEW! Chicken Cordon Bleu
Crispy chicken breast topped with spinach, ham, melted Swiss & White Cheddar sauce. Served with smashed red potatoes & onions & garlic bread.
10.49 (1250 Calories)



SEASONAL FAVORITE
NEW! Roasted Turkey & Fixings
Sliced roasted turkey breast topped with warm gravy. Served with cornbread stuffing, Parmesan mashed potatoes, steamed fresh broccoli, a side of lingonberries & garlic bread.
11.99 (1060 Calories)



Sirloin Steak Tips*
Sirloin tips with grilled onions & mushrooms. Served with mashed potatoes, buttered corn & garlic bread.
12.99 (940 Calories)



Blue Cheese & Bacon Sirloin*
Two grilled 4 oz. steaks topped with a savory cream sauce, Blue cheese crumbles & chopped hickory-smoked bacon. Served with smashed red potatoes & onions, steamed fresh broccoli & garlic bread.
12.99 (990 Calories)



Country Fried Steak
A golden battered beef steak smothered in country gravy. Served with mashed potatoes, steamed fresh broccoli & garlic bread.
11.49 (1210 Calories)



Fried Chicken
Four pieces of fried chicken served with mashed potatoes, buttered corn & garlic bread.
11.99 (1510 Calories)



Tilapia Florentine
Two fillets over fresh spinach tossed in Alfredo sauce. Served with mashed potatoes & garlic bread.
10.49 (830 Calories)

Grilled Liver
Two liver slices with grilled onions. Served with mashed potatoes, buttered corn & garlic bread.
9.29 (980 Calories)

Savory Pork Chops
Two 6 oz. pork chops served with seasoned red skin potatoes, steamed fresh broccoli & garlic bread.
12.99 (910 Calories)

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MADE JUST FOR YOU

55+

CREATE YOUR 55+ OMELETTE

Sorry, no coupons or discounts on 55+ Items.

An omelette made with a splash of our famous buttermilk & wheat pancake batter with choice of cheese: Cheddar, White Cheddar, American, Jack & Cheddar blend, Swiss or Pepper Jack. Served with two buttermilk pancakes.

6.39 (710-790 Calories)

Additional ingredients .99 each (except avocado)

- Bacon (adds 130 Calories)
- Pork Sausage (adds 160 Calories)
- Ham (adds 30 Calories)
- Extra Cheese (adds 150-230 Calories)
- Fresh Mushrooms (adds 10 Calories)
- Fresh Tomatoes (adds 10 Calories)
- Fresh Spinach (adds 15 Calories)
- Fresh Green Peppers & Onions (adds 10 Calories)
- Fresh Avocado 1.29 (adds 70 Calories)



55+ Tilapia Florentine

One fillet over fresh spinach tossed in Alfredo sauce. Served with mashed potatoes & garlic bread.

8.29 (720 Calories)



SEASONAL FAVORITE

NEW! 55+ Roasted Turkey & Fixings

Sliced roasted turkey breast topped with warm gravy. Served with cornbread stuffing, Parmesan mashed potatoes, steamed fresh broccoli, a side of lingonberries & garlic bread.

8.29 (970 Calories)

Add Soup
1.69 (150-400 Calories)

Add Side Salad
1.69 (40-380 Calories)

MADE FOR FUN

Kids entrées are under 600 calories, excluding Rooty Jr.® which is customized.

Kids

12 & Under

CREATE YOUR ROOTY JR.®

Start with 1 scrambled egg, 1 bacon strip & 1 pork sausage link. Then choose one item from each step below.

4.49 (350-450 Calories)

Step ONE:



Step TWO:



Kids drinks. 1.39

2% Milk (150 Calories) • Chocolate Milk (220 Calories)
Hot Chocolate (140 Calories)



Silver 5

Five silver dollar buttermilk pancakes. Served with 1 scrambled egg & 1 bacon strip.

3.99 (430 Calories)



Create-A-Face Pancake®

A buttermilk pancake with strawberry eyes, a whipped topping nose & a fresh banana smile. Served with a tube of low-fat strawberry yogurt.

4.29 (440 Calories)



55+ Breakfast Sampler*

One egg, 1 strip of bacon, 1 pork sausage link, 1 piece of ham, hash browns & 1 buttermilk pancake.

6.99 (670-730 Calories)



55+ Rise 'N Shine*

Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast.

6.79 (750-1040 Calories)



55+ 2 x 2 x 2*

Two buttermilk pancakes, 2 eggs & 2 bacon strips or 2 pork sausage links.

6.49 (500-710 Calories)



55+ Buttermilk Pancakes

Three of our world famous buttermilk pancakes.

4.99 (410 Calories)



55+ French Toast

Four triangles served with 2 bacon strips or 2 pork sausage links.

5.29 (570/640 Calories)

55+ Grilled Liver

One liver slice smothered with grilled onions. Served with mashed potatoes, buttered corn & garlic bread.

6.99 (810 Calories)

55+ Pork Chop

One 6 oz. pork chop served with seasoned red skin potatoes, steamed fresh broccoli & garlic bread.

8.29 (690 Calories)



Funny Face®

A chocolate chocolate chip pancake with powdered sugar, maraschino cherry eyes & a whipped topping smile.

3.99 (480 Calories)



Jr. Banana Crepe with Nutella®

A golden crepe topped with Nutella® The Original Hazelnut Spread® & freshly sliced bananas. Served with 1 bacon strip.

3.99 (350 Calories)



Jr. Chicken & Waffles

Two crispy fried chicken tenders & 2 Belgian waffle quarters.

4.29 (480 Calories)



Jr. Ham & Egg Melt

Scrambled eggs, grilled ham & American cheese. With Mott's® Applesauce or seasonal mixed fruit.

4.29 (360/390 Calories)



KRAFT® Macaroni & Cheese

With Mott's® Applesauce or seasonal mixed fruit.

3.99 (350/370 Calories)



Grilled Cheese Sandwich

Made with American cheese. With Mott's® Applesauce or seasonal mixed fruit.

3.99 (420/450 Calories)

Substitute seasoned fries instead of Mott's® Applesauce (adds 280 Calories) or seasonal mixed fruit (adds 260 Calories).

Sorry, no coupons or discounts on Kids items. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. IHOP cannot ensure menu items do not contain ingredients that might cause an allergic reaction or impact other dietary restrictions. Allergen information is available upon request.

KRAFT is a registered trademark of Kraft Foods. MOTT's is a registered trademark of Mott's LLP.